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2025-2026 Student Illness Practices

July 28, 2025

Dear Parents and Guardians,

We are sending a gentle reminder of our practices at the Matheny School for student illnesses. Your child should stay home when they're not feeling well because their illness could affect their ability to participate in school and possibly spread an infection to students and staff.

Please keep your child home for a fever of 100.4 or higher, unidentified new rash, headache, sore throat, chills, difficulty breathing, fatigue, body aches, congestion, cough, new loss of smell or taste, vomiting and or diarrhea.

Return to school is dependent on diagnosis and treatment plan from the student's primary care physician, current practices and community respiratory virus surveillance.

Influenza/RSV/COVID-19 Guidance:

- Follow current school policy dictated by CDC guidelines, state mandates, and direction from the local health department.
- Temperatures: for a fever of 100.4 or greater, exclude from school until afebrile for 24 hours without the use of antipyretics, for example, Tylenol- acetaminophen, Advil, Motrin and Ibuprophen.
- Mask usage is encouraged for individuals who have been exposed to a respiratory virus.

Thank you for your attention to this matter and do not hesitate to contact us if you have any questions.

Sincerely,

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